

# DonJoy® UltraSling® PRO

## Clinician Application Instructions

BEFORE USING THE DEVICE, PLEASE READ THE **INSTRUCTIONS FOR USE** COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.

### APPLICATION:

**To ensure proper fit, if possible, product should be sized on patient pre-operatively.**

#### Proper Orientation & Sizing

**ORIENTATION:** The UltraSling® Pro is shipped in a RIGHT configuration. For LEFT shoulder, remove the arm sling from the cushion. Flip cushion over so contoured end of pillow is positioned to back of elbow. Center and reattach the arm sling on the cushion.

**SIZING FOR SMALLER PATIENTS:** The sling envelope is Universal but may be sized down for smaller patients. The Sling length should extend to metacarpal 'knuckles' to support arm, wrist and hand. To size down for smaller patients remove the forearm (ii) and thumb (iv) straps from arm sling envelope and set aside. Disengage shoulder strap quick release buckles (iii) (Fig. A) Fold the envelope back into itself allowing the hook squares inside sling to engage on material along inside top edge. (Fig. B)



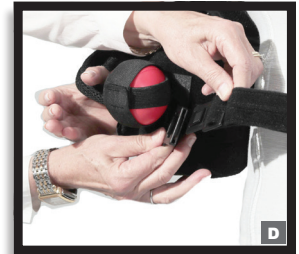
#### Step 1. Apply Arm Sling with Abduction Pillow

Remove forearm (ii) and thumb (iv) straps from arm envelope and set aside. Disengage shoulder strap quick release buckles. (iii) (Fig. A) Position cushion at waist / hip level. Place forearm into arm envelope as far back as possible. Secure forearm strap (ii) and thumb strap (iv). Elbow should be at 90°. (Fig. C)



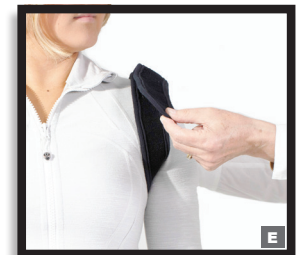
#### Step 2. Apply Waist Strap

Disengage the waist strap quick release buckle on front of cushion and wrap strap around back of patient. Secure with quick release buckle (i). (Fig. D). Adjust/Trim waist belt for proper fit.



#### Step 3. Apply Shoulder Ring

The Shoulder Ring may be applied with or without the shoulder straps and Swivel Tabs attached. Proper position of Swivel Strap Tabs will require adjustment as noted in Step 4. Lengthen both shoulder straps to longest length for first time fitting. Open the Shoulder Ring and wrap under arm, then over top of shoulder and secure ring with hook and loop closure (Fig. E). Adjust the shoulder ring circumference for secure fit. **NOTE:** The hook and loop closure of shoulder ring should be facing up and away from patient with widest ends over top of shoulder. Secure shoulder strap Quick Release Buckles at front of sling.



#### Step 4. Position of Swivel D-Ring Strap Tabs

Adjust the front and back Swivel Strap Tabs so they are approximately 1" - 2" from top of shoulder. (Fig. F1 (front)- F2 (back) Placement of the Swivel D-Ring Strap Tabs on the shoulder ring helps to maintain straps and arm in proper position.



### BRACE REMOVAL:

Detach quick release buckles, remove forearm strap, thumb strap and waist belt. Slowly remove brace.

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### SIZING AND CONFIGURATION:

ARM SLING SIZE	MEASUREMENT
S/M	10.5"-15" (26.7cm-38.1cm)
L/XL	15+" (38.1+cm)

#### EXTRA LENGTH SHOULDER STRAP

• Accessory strap available (Part #: 25-0447). Strap is 28" in length for improved fit on patients with longer torso or higher BMI.

#### WAIST BELT:

The UltraSling® Pro fits waist sizes 25"– 63" (63.5cm–160cm). Adjust waist belt and trim as necessary for proper fit.

#### OPTIONAL CUSHION:

The UltraSling® Pro may be worn without the cushion as needed. Remove Arm Sling from Cushion. Remove the Waist Strap from Cushion and adhere the Y-Strap to back and front of arm sling. The quick release buckle on waist strap should be at the front of arm sling for ease of removal.

#### INTENDED USER PROFILE:

The user should be able to: Read and understand the directions, warnings and cautions.

#### INTENDED USE/INDICATIONS:

Post-operative rotator cuff repairs, Bankart procedures,  
Capsular shifts, Glenohumeral dislocation/subluxation, Soft tissue strains/repairs.

CONTRAINDICATIONS: None.

#### WARNINGS AND CAUTIONS:

If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your medical professional immediately.

#### CLEANING & STORAGE INSTRUCTIONS:

Hand wash in water (86°F/30°C), using mild soap. Air dry.

NOTE: If not rinsed thoroughly, residual soap may cause irritation and deteriorate material.

Do NOT iron.

Do NOT tumble dry.

Do NOT bleach.

#### MATERIAL CONTENTS:

Nylon, Polypropylene, Polyurethane Foam, Cotton, Laminate Foam/Tricot, Polyacetal, Polyester, Acetal.

#### WARRANTY:

DJO, LLC will repair or replace all or part of the unit and its accessories for material or workmanship defects for a period of six months from the date of sale. To the extent the terms of this warranty are inconsistent with local regulations, the provisions of such local regulations will apply.

INTENDED FOR SINGLE PATIENT USE.

NOT MADE WITH NATURAL RUBBER LATEX



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