



## **Noted Orthopedic Surgeon, Dr. Stephen Snyder, Available for Interviews at the Arthroscopy Association of North America (AANA) Meeting to Discuss Latest Techniques in Shoulder Rehabilitation After Surgery or Injury**

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- WHAT:** New research in shoulder rehabilitation demonstrates that positioning the shoulder in "external rotation," that is with the elbow against the hip/rib area with the forearm rotated slightly outward, significantly reduces recurrence rates of anterior shoulder dislocations after shoulder surgery or injury. With the shoulder externally rotated, the front/anterior shoulder structures are tightened, and this tension then forces the damaged and displaced shoulder joint structures back into position, which is believed to prohibit the development of a hematoma in the shoulder joint.
- WHO:** Stephen J. Snyder, MD specializes in arthroscopic surgery and reconstructive procedures of the shoulder joint and is currently practicing at the Southern California Orthopedic Institute, one of the largest private orthopedic practices on the west coast of the United States. Dr. Snyder has been instrumental in developing several new techniques in shoulder arthroscopy. He has also invented numerous surgical instruments and materials, which are used routinely in modern shoulder surgery. Furthermore, Dr. Snyder has been instrumental in many research protocols evaluating various surgical techniques for the shoulder, including rotator cuff repairs, surgery for dislocating shoulders and rotator cuff injuries, and imaging techniques of the shoulder such as ultrasound and magnetic resonance imaging studies. Dr. Snyder founded the International Shoulder Arthroscopy Study Group, is on the Board of Directors of the Arthroscopy Association of North America and is a member of the American Shoulder and Elbow Surgeons Association. He travels throughout the world demonstrating surgical techniques and teaching shoulder arthroscopy and reconstructive surgery.
- WHERE:** Dr. Snyder will be on-site at the dj Orthopedics' booth at the Arthroscopy Association of North America meeting New Orleans, LA, on Friday, November 14, 2003 at 10:00 AM local time, and Saturday, November 15, 2003 at 7:00 AM, for product demonstrations and interviews with the media.

**SOURCE** dj Orthopedics

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