



DYNANAIL MINI®

NAIL SYSTEM

HOW WOULD YOU TREAT AN OBESE PATIENT WITH MIDFOOT CHARCOT ARTHROPATHY AFTER FAILED MEDIAL COLUMN FUSION?

By Nicholas L. Strasser, MD

INITIAL PRESENTATION

A 60-year-old male presented with talonavicular (T-N) dislocation, loss of medial column length, plantar dislocation of the navicular, plantar declination of the talus, and subsequent rocker bottom deformity (FIGURE 1).





Pre-operative radiographs

SURGERY #1

The patient underwent a medial column fusion using a screw and staples. At 5 months post-surgery, radiographs revealed multiple hardware failures and nonunion of the T-N joint.

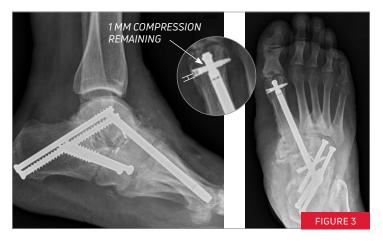




Radiographs showing failed hardware from original medial column fusion using a screw and staples

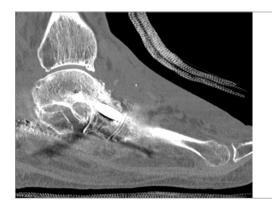
REVISION SURGERY

Hardware was removed. A revision medial column fusion was performed using the DynaNail Mini® Fusion System and bone allograft. A 120 mm length DynaNail Mini was implanted, allowing for 4.5 mm of post-operative NiTiNOL compression. Subtalar and calcaneocuboid fusions were performed using headed screws.



2 WEEKS POST-SURGERY

NiTiNOL Compressive Element was holding 1 mm of compression (FIGURE 3). Patient began a progressive weight-bearing program at 12 weeks post surgery.







4.5 MONTHS POST-SURGERY

CT scan showed bony bridging at the T-N joint and confirmed fusion and fixation across the T-N and C-C joint (FIGURE 4). Patient continues to show substantial improvement in his foot stability and mobility. At 2.5 months post-surgery, during recovery of a cervical spine surgery, his foot was stable enough to support full weight-bearing.



Nicholas L. Strasser, MD, is a board-certified orthopedic surgeon who is fellowship-trained in foot and ankle surgery. He works at Slocum Center for Orthopedics & Sports Medicine and provides specialized expertise in foot and ankle/lower extremity surgery. He completed his medical degree at the University of South Dakota, followed by a residency at the Mayo Clinic in Rochester, MN. He completed a fellowship specializing in foot and ankle surgery at OrthoCarolina Foot & Ankle Institute (Charlotte, NC). He is a member of the AOFAS and AAOS.

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T 800.495.2919 F 877.778.3864

Medshape, Inc. 1575 Northside Drive NW | Suite 440 | Atlanta, GA 30318 | U.S.A. enovis.com/foot-and-ankle