

HELPFUL HINTS

- Always sit on a stable, firm chair or bench (no beds or sofas); sit near the edge. This allows the brace to be placed HIGHER on the leg.
- When applying the brace, position the brace by holding the hinges.
- Never over-tighten the top straps on thigh (strap #2 and #3); this will push the brace down the leg! The lower calf straps secure the brace in place.
- Apply brace directly to skin, not over pants. Undergarment sleeve is OK to be worn under the brace.

CARING FOR YOUR BRACE

1. Clean & dry liners will result in less skin irritation.
2. To clean the liners, straps and pads:
 - A) Remove from brace.
 - B) Hand wash warm water and MILD detergent.
 - C) Rinse well with cold water.
 - D) Air dry.
 - E) A22®, liners are not removable. Use wet wash cloth with mild detergent to hand wash liners and straps. Rinse entire brace in cold water. AIR DRY.
3. Additional liners, strap pads and straps can be ordered by calling 800.336.6569.
4. To clean the brace frame and hinges, wipe with a damp cloth.
5. Oiling the hinges is not necessary. If the hinges become difficult to move or do not function normally, we recommend a dry lubricant. For any further questions or concerns please contact Product Support For assistance by phoning 1.888.405.3251 or email at product.specialist@enovis.com
6. Chipping paint is normal with heavy use. Deep gouges or cracks need to be repaired. Please call your DonJoy representative to have it inspected; it may be a covered warranty issue.

WARRANTY

Our products have a limited warranty from the date of purchase against defects in materials and workmanship. Normal wear and tear during the usage of a product is not considered a defect.



To learn more about our product warranty, visit our website.



Refer to the instructions for use packaged with the product for complete instruction.



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MKT00-13308 Rev A



ACL & OA FITTING INSTRUCTIONS

WE STAND BEHIND OUR BRACES.

We don't just make braces. We vouch for them. Register for our Knee Protection Program at www.djoglobal.com/kneeprotectionprogram. That's confidence.

FREQUENTLY ASKED QUESTIONS

- Q: What if I still cannot get the brace to fit properly?
A: Call your DonJoy® sales rep and he/she will set up a time to see you again.
- Q: Can I get my brace wet?
A: YES, you can get your brace wet. Be sure to rinse with clean water and air dry the straps and liners.
- Q: A strap broke off, what do I do?
A: Call your DonJoy sales rep; it can easily be fixed.
- Q: How long should I wear the brace?
A: It varies from patient to patient, be sure to ask your prescribing physician.



Learn more about our custom braces



Sales Rep Locator

STEP-BY-STEP INSTRUCTIONS FOR BRACE APPLICATION

1 Initial Preparation



- A. Sit on the edge of a firm, stable chair.
- B. Knee slightly bent (45°) and foot flat on the floor.

2 Brace & Hinge Placement



- A. With straps undone, step through the brace.
- B. Center the hinges 1 inch above the TOP of knee cap. (Fig 2A)
- C. Push hinges slightly BACK behind the midline of the knee. (Fig 2B)

3 Anti-Migration Band (if required)



- A. Secure Anti-Migration Calf Band around leg, snug fit. The band should be in FULL contact with leg and not wrap outside of the brace.
- B. Do not secure outer strap #4 until Step 5.

4 Securing Straps #1 & #2



- A. Secure the bottom calf strap #1, snug fit. (Fig 4A)
- B. Secure top thigh strap #2. If too snug, this may cause the brace to slide down. (Fig 4B)
- C. Again, push hinges slightly BACK behind the midline of the knee.

5 Securing Straps #3 & #4



- A. Secure lower thigh strap #3, snug fit. (Fig 5A)
- B. Secure upper front calf strap #4, very snug; critical for ACL patients. (Fig 5B)

6 Securing Strap #5



- A. Secure back calf strap #5, comfortable fit.
- B. After initial fit, you do not have to undo this strap; it will keep the anti-migration band in place.

7 Check Fit & Re-Tighten



- A. Brace should fit snug to the leg. OA patients should feel slight push on one side of the knee.

ACCESSORIES

- Compression Knit Undersleeve
- A22® Undersleeve
- Lycra Undersleeve
- Neoprene Undersleeve
- Sports Cover
- Neoprene Strap Kit
- Calf Pinch Guard
- Impact Guard



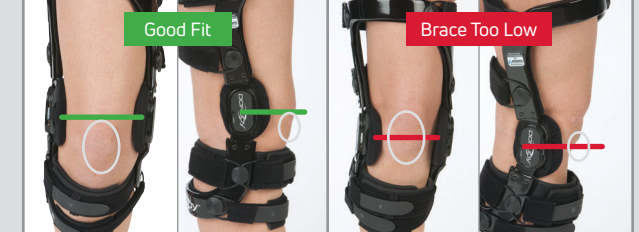
TROUBLESHOOTING

Proper Hinge Placement



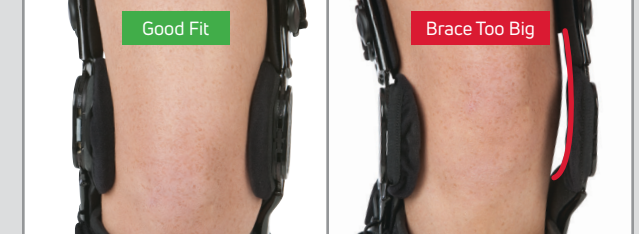
- Hinges are at midline
- Pads make full contact with leg
- Loosen all straps
- Push hinges back, raising slightly up
- Re-tighten all straps

Proper Alignment



- Hinges are slightly higher than kneecap
- Pads make full contact with leg
- Loosen all straps
- Raise hinges up leg
- Re-tighten all straps

Proper Fit



- No major gapping
- Pads make full contact with leg
- Add extra condyle pads
- Call your DonJoy® rep to discuss a possible re-fit (See warranty)

IF FURTHER ASSISTANCE IS REQUIRED, PLEASE CONTACT A PRODUCT SPECIALIST AT: 1.888.405.3251 / PRODUCT.SPECIALIST@ENOVIS.COM

Individual results may vary. Neither DJO, LLC nor any of the Enovis companies dispense medical advice. The contents of this document do not constitute medical, legal, or any other type of professional advice. Rather, please consult your healthcare professional for information on the courses of treatment, if any, which may be appropriate for you.