# Long-term Options for Falls – Implementation Plan

The most effective strategy to decrease the risk of and incidence of falls in the long term care setting is to implement a comprehensive approach that includes routine screening of residents, thorough evaluation, skilled treatment where needed, and careful tracking of outcomes.

Nursing regularly screens All residents and patients for fall risk

## **Necessary Elements**

Fall Risk Assessment Tool
Staff Education

At risk patients are referred for PT/OT/SP evaluation, specifically for balance, pain, strength and dysphagia

# **Necessary Elements**

**Standard Evaluation Tools** 

PT/OT/SP treats impairments identified in evaluation

# **Necessary Elements**

Modalities\*
(NMES, TENS, SWD)
Clinical Protocols
Staff Education

Nursing re-evaluates for fall risk

## **Necessary Elements**

Fall Risk Assessment Tool

The following is a checklist of recommended action items to complete in order to implement a comprehensive fall risk management care plan.

To do:	Complete	Date	Initial
Agree on outcome variables and tracking tools			
Obtain copies of screener and evaluation tools			
Educate facility staff on fall risk management program			
Educate staff on screener			
Educate staff on clinical protocols			
Comments:			
Comments:			

