Long-term Options for Pain – Implementation Plan

The most effective strategy to decrease the severity and impact of pain in the long term care setting is to implement a comprehensive approach that includes routine screening of residents, thorough evaluation, skilled treatment where needed, and careful tracking of outcomes¹.

Pain Management Care Plan

Nursing staff regularly screens ALL residents for presence of pain

Necessary Elements

Standard pain screening tools

Patients in pain are referred to therapy for evaluation and pain management

Necessary Elements

Standard Evaluation Tools PT/OT treat key impairments and manage pain symptomatically with one or more of the following: electrotherapy, ultrasound, laser, shortwave diathermy

Necessary Elements

Modalities
Clinical Protocols
Staff Education

Nursing staff continues to screen and/or monitor current and new residents for presence of pain

Necessary Elements

Standard pain screening tools

The following is a checklist of recommended action items to complete in order to implement a comprehensive pain management care plan.*

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AGS Panel on Persistent Pain in Older Persons. (2002). The management of persistent pain in older persons. Journal of the American Geriatrics Society; 50(56):205-224

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